



Dr. B. L. Corley, D.C., Diet & Health Specialist, has practiced in San Francisco for over 14 years. He has treated and prescribed diets for sick and ailing people from almost every walk of life. Dr. Corley has written several books and many articles on diet and health, and has probably given more radio health talks than any other doctor in America. Consult Dr. Corley regarding your ailment, without charge or obligation.

‘‘DIET AND HEALTH’’

By

Dr. B. L. Corley

Sixth Floor, 690 Market Street — San Francisco, California

Telephone: SUTter 3443



DR. B. L. CORLEY, D.C.

Is Any Ailment Troubling You?

Consult Dr. B. L. Corley, D.C., Diet and Health Specialist, personally—without charge or obligation.

He will discuss your condition with you and tell you what should be done to help you feel better and get well.

Below are a few of the chronic diseases which are treated by Dr. Corley and his staff.

Anemia	Gall Bladder trouble	Liver trouble
Asthma	(not gall stones)	Neuritis
Arthritis	High Blood Pressure	Rheumatism
Acne	Intestinal trouble	Psoriasis
Bronchitis	Kidney trouble	Sinus trouble
Diabetes	Low Blood Pressure	Stomach trouble

Dr. Corley's offices in San Francisco are scientifically equipped for the treatment of chronic and acute sickness, employing electrical modalities, spinal manipulations, scientific food programs, diets, glandular, vitamin and mineral therapy.

CALL SUtter 3443 FOR FREE CONSULTATION

DR. B. L. CORLEY, D.C.

Sixth Floor — 690 Market Street
San Francisco, California

Index

	<i>Page</i>		<i>Page</i>
Acid Indigestion	6	Garlic	26
Acid and Alkaline Forming Foods.....	45	Gall Bladder	34
Anemia	39	Game	58
Arthritis	30	Hay Fever	35
Asthma	35	Headaches	6
Biliousness	34	High Blood Pressure.....	19
Bronchitis	35	Hydrojel	26
Bread	71	Ices	87
Broth, Dietetic	9	Icings	86
Brisbane, Arthur	94	Indigestion	6
Cancer	94	Jaundice	34
Catarrh	35	Laxxative	9-91
Cake	74	Liver Trouble	34
Calcium Phosphorus Vitamin D.....	98	Low Blood Pressure.....	39
Candy	84	Lumbago	28
Chiropractic	28	Meats	60
Cirrhosis of Liver.....	34	Meat Substitutes	60-61
Constipation	6	Menus	75
Colitis	25	Nervousness	6
Colds	32	Neuritus	28-29
Cooking	44	Okra Tablets	26
Cookies	80	Pastries	85
Cocktails	91	Poultry	58-59
Desserts	82	Reducing Weight	42
Diets and Helpful Suggestions		Recipes	53
for Many Ailments	6	Rheumatism	30
Diet Balance	37	Salads	55
Diet—		Sandwiches	70
Preliminary Diet	9	Sinus Trouble	35
Master Diet	11	Soups	53
For Expectant Mothers.....	21	Soy Bean	96
Drinks	90	Tonics	93
Dressings	59-88-89	Vitamins	7-46
Eczema	35	Vegetables	65
Eggs	63	Weight—	
Fish	62	How to Gain	31
Food Classified	49	How to Reduce.....	42
Food Chemistry	50		
Gas	25		
Gastritis	25		